



ApHC Trail Ride Handbook of Safety Information and Rules.

PLEASE READ THIS INFORMATION THOROUGHLY AND BE CERTAIN YOU UNDERSTAND THE INFORMATION IT CONTAINS.

PRE-RIDE PREPARATION

- ❑ Horse Vaccinations – Please consult with your veterinarian as to the state required vaccinations for your horse, one month prior to the ride you are planning to participate in.

West Nile Virus, Leptosporis (horses who drink from streams) and Vesicular Stomatitis vaccinations are highly recommended.

- ❑ Horses and riders must be in good physical condition and able to spend 6 to 7 hours each day on the trail. Riders and non-riders alike must be self-reliant and able to handle all situations in adverse conditions.
- ❑ Spend a lot of time riding and handling the horse you plan to ride. They should know how to cross streams and calmly stand tied overnight. Take opportunities to expose them to crowds of people and horses prior to the ride. If attending the Chief Joseph Trail Ride, wean your horse onto the same or similar feed that is provided at least 7 days prior to the event. If you have the chance, get him used to drinking water from a stream. The actions of your mount can make this trail ride a vacation of a lifetime or a very miserable trip for you and those around you.
- ❑ Go over all the equipment you plan to take. All should be in good repair. You may want to take an extra bridle, halter, and lead in case yours breaks. Try your saddle on your horse at home for a proper fit. Can you get two fingers between the gullet and his withers? Adjust the stirrups to your length and ride to make sure it is comfortable for both you and your horse for the hours of riding you will be doing
- ❑ Check that your vehicle is in good mechanical order. Make the same safety checks of your horse trailer. Be certain your spare tire is in good condition both for your vehicle and trailer. Fill your rig with fuel prior to driving out to camp. Many locations are very remote, and access to fueling stations may be non-existent.

CAMP SAFETY

- ❑ Please do not bring a mount that does not mingle well with others. Keep in mind that this is not a place to train as there are many hazards around to expose a horse to. This is a time for enjoying yourself and your horse. It is not a good learning environment.
- ❑ When tying in the vicinity of other horses, leave enough space between each animal so they don't become tangled or kick each other. Only allow enough slack in the rope to give him the length to touch the ground beneath him with his nose. Remember when tying to a high-line or picket line that you will have more stretch in

the rope, so you want to tie slightly shorter. When tying on a picket line, tie every other space on each side of the picket line. Do NOT tie water or feed buckets to the picket line.

- ❑ Do not leave stock unattended for more than a few hours, except for the night. Check all horses just before turning in for the night and first thing in the morning. If you capture a horse that has escaped during the night and you do not know where he belongs, tie him out of reach of other horses.
- ❑ Use of hobbles are not permitted on ApHC trail rides. Portable fencing may be used if set up on the outskirts of camp except on the Chief Joseph Trail Ride. Portable fencing may be prohibited in certain camps due to lack of camp space, etc.
- ❑ When setting up your camp, be aware that USFS regulations state we cannot tie directly to live trees. High-lines may be put up provided that tree savers are used. No live boughs, branches or bushes are to be cut. Try to select a hard or rocky ground area to tie your stock to help cut down on the disturbance of soil. There is a great interest in keeping soil erosion and disruption of vegetation and wildlife to a minimum.
- ❑ Most importantly leave an absolutely clean camp. *Remember the Horseman's Creed: When I ride out of the mountains I'll leave only hoof prints, take only memories.* Let's all be conscientious and do the very best we can to keep our lands and trails beautiful and open to us to enjoy from horseback.

TRAIL SAFETY

- ❑ We ask that each rider carry a canteen and drink at the very minimum 4 to 6 quarts of water a day. Drink water throughout the day, when you do realize you are thirsty it is usually too late and you are dehydrated which can lead to heat exhaustion and worse.
- ❑ Do not load your saddle with items such as camera bags, binoculars, etc., unless they are safely secured. If your horse should spook or stumble, these items will flop around and spook your horse even more. This is a very common cause of wrecks and injuries on the trail and can be avoided.
- ❑ Each morning, look over your tack and your horse for possible problems. Check your cinch and reins for wear. Check your horse for any wounds that may have occurred and make sure his shoes are still on properly. This is the time to make any necessary repairs or adjustments.
- ❑ Please be alert as to how your riding affects others.
- ❑ Stay behind the trail boss and in front of the drag scout. Though you may think you know where the ride is going, you may not.
- ❑ Do not crowd other horses while on the trail. Always keep a safe distance between you and other horses. If you go out riding by yourself or with friends, you are on your

own and will not be considered part of the ApHC trail ride. The ApHC cannot be held responsible for those who leave the group.

- ❑ On a hot day, at lunch or rest stops, be considerate of your mount and tie in the shade if available. When watering along the trail, don't allow your horse to "guzzle" water. They should only be allowed small amounts at each watering hole.
- ❑ If you must stop on the trail, give those behind you some advance notice, then pull over to the side of the trail. It's a good idea to have a buddy stay with you as your horse is more apt to remain calm.
- ❑ If you need the services of the vet or doctor, pull over to the side and contact a scout. Please listen to what the scouts have to say and follow their direction. When they ask you to do or not to do something, it is usually for your own safety, that of your horse, or of those around you. They may be aware of something you are not. Scouts and other crew are selected by the ApHC and are given the authority to instruct participants and enforce rules. Those who do not cooperate are subject to disciplinary measures by ride management and may be required to leave camp.
- ❑ If you come up to someone with an injury or with an injured horse, as long as they have someone with them, keep moving. By stopping you will only invite the possibility of someone else getting injured by nervous/anxious horses. More likely, this action will hold up the progress of the ride physician's or veterinarian's arrival to the person needing assistance.
- ❑ Make sure that your equipment is in proper working condition before you mount and make periodic checks along the trail. Check that the cinch, breast collar, crupper, etc. have not loosened or come undone.
- ❑ To keep a sound horse throughout the week, be sure to sit center in the saddle with your weight evenly distributed. If, every once in a while, you stand up in the stirrups briefly, it will give your horse's back a quick relief from the weight he is carrying. When climbing a hill, be aware of your horse's state. Give him a "breather" when he needs one. Keep your weight forward, over the withers, to take pressure off his kidneys.
- ❑ After arriving back in camp, let your horse stand 15-30 minutes tied with the saddle cinch loosened slightly. This will reduce the likelihood of developing "hot spots" which are caused by a sudden release of pressure when the rider dismounts and unsaddles. After you have groomed your horse and he is cooled off, give him small amounts of water until he is satisfied.
- ❑ Practice the same routine with feed. Digestion requires blood, and if the horse is fatigued, he needs the blood to replenish his system. Too many demands upon his system may give him colic. Start with a small amount of feed, with the major feeding later in the evening. Feed only the amount you would feed at home. Make the environment as comfortable and relaxing as possible for your mount.

- ❑ Please be aware that there will be riders with varied levels of horse and trail experience and horses with different levels of training. Do not let your horse crowd into other horses. Trotting or galloping up on or past other riders may upset other mounts and will not be tolerated. Be thoughtful. Let it be known that you would like to pass, wait for a wide spot in the trail, and pass quietly. If your mount has even the slightest tendency to kick, please tie red flagging tape to his tail to make others aware. Extend courtesies to all you meet along the trail. Be friendly to those you meet.
- ❑ Stay on the trail. Don't take shortcuts across switchbacks or through the woods, meadows, or fields. Stay in the same path of the riders ahead of you.
- ❑ If riding near livestock or wildlife please pass them quietly, and do your best not to disturb them. Range bulls, moose, or bear can become a sudden danger if they feel threatened. When you come gates, leave them as you found them.

CHIEF JOSEPH TRAIL RIDE VEHICLE DRIVERS

- ❑ Camp crew are ready to caravan to the next camp site sometime near 10:00 am. Lead vehicles (camp crew) must be allowed to leave camp first. These are the people who will lead you to the next campsite, and once they are parked they will direct you to a parking place.
- ❑ Anyone who moves onto the next camp site without camp crew direction will be required to move if they park in a pre-designated spot. Please understand that our camp sites are laid out ahead of time and that land owner permission is often given upon agreement that we observe their special requests. Crew has knowledge of these areas and any special requirements.
- ❑ While driving, please stay approximately two to three vehicle lengths distance from the vehicle in front of you so you don't take a wrong turn. Allow a safe distance between your rig and the one in front of you in case they stop suddenly. You may travel some roads that may not have places to turn around or even pass, so please be aware of your surroundings.

RENTAL HORSES

- ❑ The Appaloosa Horse Club acts only as a clearinghouse for possible names of rental horse owners and makes no guarantees to the availability, soundness, temperament, disposition or fitness of any said horses for use on an ApHC trail ride. All representatives and guarantees are between the owner of the horse and the person renting the same. All persons renting horses are required to follow the same guidelines and rules as others participating in the ride, including registration, health, and transporting requirements.

SUMMARY OF RULES

- ❑ To ride, you must be 12 years old or older. Those under the age of 18 must be accompanied and chaperoned by a parent or guardian at all times. No minor will be

left in camp unattended. The actions of said minors will be the sole responsibility of the parent or guardian. Minors are expected to adhere to any and all rules set forth by the ApHC. Failure to do so may result in disciplinary and/or criminal actions.

- ❑ You may not bring stallions, foals or horses younger than 4 years of age. Horses with any contagious diseases are not allowed.
- ❑ All horses are required to be checked at the pre-designated check-in station for transportation and health requirements.
- ❑ Horses and riders must be in good physical condition and able to spend 6 to 7 hours each day on the trail. Riders and non-riders alike must be self-reliant and able to handle all situations in adverse conditions.
- ❑ The official ride veterinarian and physician have the authority to determine whether any person/animal is able to safely participate in any portion of this trail riding event. The trail coordinator will enforce the veterinarian's/physician's decisions.
- ❑ The ApHC requires the same health and transportation papers as the state in which the ride is being held. The ApHC also requires proof of ApHC registry for horses participating in the Chief Joseph Trail Ride. Laws may vary state to state, so you should contact the state's veterinary office, brand inspector's office or Department of Agriculture for those states you plan to travel through. The ApHC reserves the right to inspect papers at any time.
- ❑ All stock must be newly shod and ready for trail conditions they may encounter.
- ❑ One horse per rider is the maximum allowed. The only pack animals allowed are those contracted by the ApHC for use on the trail ride. Please be responsible for your horse at all times. Don't leave horses in camp unattended.
- ❑ All animals will be treated humanely. The ApHC Trail Coordinator or any participating ApHC Board of Director has the right to determine what is to be considered inhumane treatment. Such individuals will be banned from participation, expelled from camp, and will be subject to disciplinary and/or criminal action.
- ❑ The ApHC will announce in pre-ride information if horse feed will be provided, and if so, what brand. It will also be announced if hay will be allowed in camp. This decision will be determined by the ApHC's special-use permits, or by landowners request. Each participant is responsible for being aware of what type of feed is, and is not, allowed on the trail ride. If hay is allowed, hay nets will be required when feeding.
- ❑ You will not be allowed to smoke or drink alcohol while riding on the trail, and firearms are prohibited at any ApHC sponsored event. Local law enforcement agencies will be notified should it be found that an individual or group is in possession of or using illegal drugs.
- ❑ Dogs and other pets will not be allowed at group meals or while riding the trail. In camp, they must be caged or on a 6 foot leash at all times. Certain states will require

health papers on pets also. The ApHC reserves the right to ask that animals which pose a safety risk or create a nuisance be removed from camp.

- ❑ Use of hobbles are not permitted on ApHC trail rides as it does not restrict the horse from coming into contact with objects within it's surroundings. Portable fencing may be used, when space allows, on rides other than the Chief Joseph Trail Ride.
- ❑ No ATV, motorbike, moped or bicycle will be allowed on any ApHC trail riding event. In certain cases the ApHC crew may use such means of transportation as in an emergency or camp/trail duty.
- ❑ Individual campfires will not be allowed.
- ❑ All individuals attending must register and pay fees, or be official guests of the ApHC. Those individuals found participating without registering and paying fees may be banned from participation on future ApHC trail rides and will be required to register and pay fees, including the post entry payment fee, for the ride in which they are in attendance.
- ❑ Individuals contracted by the ApHC will not operate vehicles for trail ride participants. These individuals may operate ApHC trail ride vehicles and their own personal vehicles only.
- ❑ Any ApHC trail ride crew person that is issued crew identity, vehicle identity, radios, or any other trail ride equipment is responsible for returning said items to the trail coordinator prior to camp break-up the last day of the trail ride event. Crew may be charged a replacement fee for items not returned by the last day of the event.

Jackie A. Hartman
Trail Ride/Ride Programs
Coordinator
2720 Pullman Road
Moscow, ID 83843
(208) 882-5578 ext. 221
FAX (208) 882-8150
trailrides@appaloosa.com





ApHC Trail Ride Packing Checklist

The following is a list of items we recommend that you bring on the trail ride. The items you pack may vary depending on your situation. It's a good idea to check off the items as you load them. The items with an * and **BOLD** are REQUIRED.

Vehicle

- Fire extinguisher
- Spare tire
- First aide kit
- Flashlights and batteries
- Maps
- Directions to camp
- Emergency tool kit
- Air pump
- Fill auxiliary gas tank or bring fuel jug or funnel
- Brake fluid
- Spare electrical wire and tape
- Extra engine belts
- Jack
- Jug wrench
- Jumper cables
- Tire pressure gauge
- Tow chain or strap
- Shovel and bucket
- Water - for person, horse and radiator

Do a Check on:

- Tires
- Belts
- Hoses
- Water
- Oil
- Brake fluid
- Power steering fluid
- Fuel
- Other _____

Horse

- Health Certificate-within 30 days ***
- Negative Coggins-within 1 year ***
- All State Requires vaccinations***
- ApHC Horse Registration Papers ***
- Saddle
- Saddle pads
- Saddle bags
- Horse blanket (for cool nights)
- Breast collar
- Hind girth
- Bridle
- Halter
- Lead rope
- Spurs
- Twitch
- Grooming items
- Hoof pick
- First aide supplies
- Insect repellent
- Tree "savers"
- Feed bag or bucket
- Water bucket
- Leather punch

Camp Gear

- Canteen ***
- Shelter/tent
- 8 x 10 waterproof tarp or ground cloth
- Bedroll/sleeping bag
- Pillows
- Air mattress
- Binoculars
- Lawn chair
- Pocket knife
- Cleaning cloths
- Notepad ,pen or pencil
- First aide kit
- Emergency sewing kit
- Garbage bags,zip-lock type bags
- Solar shower and stand
- 10 ft. Cotton rope
- Shaving equipment
- Hand soap
- Shampoo/conditioner
- Deodorant
- Comb and/or brush
- Hair ties and clips
- Lotion hand & body
- Sunscreen
- Chap stick
- Insect repellent
- Glasses and/or sunglasses
- Items for contact lenses
- Camera & plenty of film and batteries
- Tobacco items
- Chewing gum
- Other refreshments you desire

Personal Gear

- Duffel bag or suit case
- Any medication you may use
- Bathing suit (in case there is access to a swimming area)
- Bandanna or handkerchief
- Extra sox
- Boots
- Shoes
- Galoshes
- Gloves
- Hat/cap
- Jacket
- Poncho or rain slicker
- Other clothing items such as jeans and shirts (layer clothes and plan for changing weather)
- Sleep wear
- Camp shoes
- Alarm clock and watch
- Bath towels
- Wash cloths
- Tooth brush and paste
- Dental floss
- Toilet tissue